



CENTER OF SURGICAL EXCELLENCE

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DIRECTIONS **H. pylori BREATH TEST**

Dr. Khan has scheduled you for a H. pylori breath test to determine if you are infected with this bacterium. Your test will be done at the office. Please follow the directions below and call us should you have any questions regarding the test.

- 4 weeks prior to the test you should not take any antibiotics. Should you contract an infection requiring antibiotics, please call so that we can reschedule your test.
- 4 weeks prior you should not take any Pepto-Bismol or its generic equivalent.
- 2 weeks prior to the test you will need to be off the following medications:
 - Prilosec (Omeprazole)
 - Prevacid (Lansoprazole)
 - Carafate (Sucralfate)
 - Nexium (Esomeprazole)

You can however, substitute with the following: Tagamet, Zantac, Axid, Pepcid, Maalox, Roloids, Tums, or Mylanta.

THE DAY OF THE TEST:

Please do not eat or drink anything six hours prior to the test.