



## CENTER OF SURGICAL EXCELLENCE

**T. J. Khan, MD, FACP**

**J. J. Khan, MD**

**8421 Pointe Loop Drive, Venice, FL 34293 \* Phone 941-412-9787 \* Fax 941-480-0388**

**www.surgeryvenice.com**

### **ANORECTAL MANOMETRY**

Anorectal manometry is a technique used to measure contractility in the anus and rectum. This technique uses a balloon in the rectum to distend the rectum and a pressure sensor at the internal anal sphincter to measure the pressures in the rectum to diagnose causes of fecal incontinence and leakage from rectum and also measure rectal sphincteric reflexes for diagnosis of nerve damage.

#### **Who needs anorectal manometry?**

People who suffer from severe constipation or incontinence may be asked to have this test, if all other tests including Colonoscopy treatment fail to make the diagnosis

#### **How is this test performed?**

You will be asked to undress from the waist down and to put on a gown with the opening in the back. A trained technologist will explain everything that will happen. The technologist will ask you to lie on an examination table, turn onto your left side, and bend your knees. The Doctor will insert a small catheter with a small balloon at the end into your rectum. The balloon will be inflated and measurements will be taken while you squeeze and relax your muscles. This test is performed in the GI Physiology Laboratory at Gastroenterology Associates on the second floor. The appointment may take up to 1 hour.

#### **How do I prepare for this test?**

##### **Anal Manometry Prep**

One fleet enema the night before the procedure

Nothing to eat or drink after midnight the night before the procedure

One Dulcolax suppository the morning of procedure at 6:00am.

Please do not hesitate to call our office with any questions at 941-412-9787.

#### **How do I get my results?**

Your physician will correlate these results with other diagnostic tests. A return visit will be scheduled to discuss your results and answer all your questions and approved treatment status will be discussed in detail.

**If you are unable to keep your appointment or you have questions regarding this test or medications, please call the office at 941-412-9787.**